

ShepNaz Basketball 2023-24
Frequently Asked Questions
(or FAQ's for short!) (or Qs&As)

Shepherd Church of the Nazarene has hosted a winter youth basketball league for the past 32 years. Kids from all over our area between Kindergarten and 12th grade come to play in our fun, safe leagues. This program offers skills training and competitive or non-competitive play (depending on age).

We have made the decision to continue our partnership with **Upward Sports** for our K-2nd Grade Leagues (K, 1st/2nd grade girls, 1st grade boys, 2nd grade boys) and expand our partnership to include 3rd/4th grade girls and 3rd grade boys. Doing so will help us improve our teaching of solid fundamentals to our younger players. You can expect an improved experience for our younger league and the same great league experience for our older players.



We are excited to offer cheerleading for the six Upward Leagues this year! Each **league** has the space for 10 cheerleaders...(10 Kindergartners, 30 1st or 2nd graders and 20 3rd or 4th graders). Practice and game times for the cheerleaders will mirror the practice and game times for the basketball league that they will be cheering.



For a quick reference for each league, please
scroll to the bottom of this document!

1. How can I register?

- Online (starting September 1st): www.shepnazbasketball.org
- In-Person registration (by appointment only):
 - Contact Mike at mtaylor@shepnaz.org

2. How much is basketball registration?

- This depends on the grade level of your player.
 - Kindergarten-2nd Grade
 - \$110 per player (new Upward jersey included in the registration fee)
 - 3rd/4th Grade Girls and 3rd Grade boys
 - \$110 per player (new Upward jersey included in the registration fee)
 - 4th Grade Boys, 5th/6th Grade Girls, 5th/6th Grade Boys, 7th/8th Grade and High School
 - \$135 per player (\$10 discount for using a ShepNaz jersey—blue and yellow reversible)

3. How much is cheerleading registration?

- \$110
 - There are **10 spots** for 10 Kindergartners cheerleaders for the Kindergarten basketball games that are at 8:00am on Saturday mornings starting in January 2024
 - There are **10 spots** for 10 either 1st or 2nd grade cheerleaders for the 1st/2nd Grade Girl's basketball games that are at 9:00am on Saturday mornings starting in January 2024
 - There are **10 spots** for 10 either 1st or 2nd grade cheerleaders for the 1st Grade Boy's basketball games that are at 10:00am on Saturday mornings starting in January 2024
 - There are **10 spots** for 10 either 1st or 2nd grade cheerleaders for the 2nd Grade Boy's basketball games that are at 11:00am on Saturday mornings starting in January 2024
 - There are **10 spots** for 10 either 3rd or 4th grade cheerleaders for the 3rd/4th Grade Girl's basketball games that are at 12:00pm on Saturday mornings starting in January 2024
 - There are **10 spots** for 10 either 3rd or 4th grade cheerleaders for the 3rd Grade Boy's basketball games that are at 1:00pm on Saturday mornings starting in January 2024

4. When are practice/game times for my son/daughter?

- This depends on the grade level of your player/cheerleader.

Practice Schedules:

Practice for all leagues will start the week of November 27th:

- Kindergarten—both basketball and cheerleading—Mondays from 6:15pm-7:15pm
- 1st/2nd Grade Girls—both basketball and cheerleading—Tuesdays from 6:15pm-7:15pm
- 1st Grade Boys—both basketball and cheerleading—Fridays from 6:15pm-7:15pm
- 2nd Grade Boys—both basketball and cheerleading—Fridays from 7:15pm-8:15pm
- 3rd/4th Grade Girls
 - Basketball will practice on Mondays or Tuesdays from 7:15pm-8:15pm
 - Cheerleading will practice on Mondays from 7:15pm-8:15pm
- 3rd Grade Boys
 - Basketball will practice on Thursdays from 6:15pm-7:15pm or 7:15pm-8:15pm
 - Cheerleading will practice on Thursdays from 6:15pm-7:15pm
- 4th Grade Boys—Thursdays from 6:15pm-7:15pm or 7:15pm-8:15pm (practices will then change to Saturday mornings from 8:30am-9:30am or 9:30am-10:30am once games start in January 2024—notate the change of practice times from last season)
- 5th/6th Grade Girls—Mondays from 6:15pm-7:15pm or 7:15pm-8:15pm
- 5th/6th Grade Boys—Tuesdays from 6:15pm-7:15pm or 7:15pm-8:15pm or 8:15-9:15pm (rotation)
- 7th/8th Grade—Mondays, Tuesdays or Thursdays from 8:15pm-9:15pm
- High School—Mondays, Tuesdays, Wednesdays, Thursdays or Fridays from 9:15pm-10:15pm

NOTE! There are NO PRACTICES the week of December 25th.

This means that there will be 5 practices for each team before the first game.

Game Schedules (games to start January 4th, 5th and 6^h):

- Kindergarten—both basketball and cheerleading—Saturdays at 8:00am
- 1st/2nd Grade Girls—both basketball and cheerleading—Saturdays at 9:00am
- 1st Grade Boys—both basketball and cheerleading—Saturdays at 10:00am
- 2nd Grade Boys—both basketball and cheerleading—Saturdays at 11:00am
- 3rd/4th Grade Girls—Saturdays at 12:00pm (please notate the change of time for this league)
- 3rd Grade Boys—Saturdays at 1:00pm (please notate the change of time for this league)
- 4th Grade Boys—Thursdays at 6:15pm or 7:15pm
- 5th/6th Grade Girls—Saturdays at 11:00am or 12:00pm
- 5th/6th Grade Boys—Fridays at 6:15pm, 7:15pm or 8:15pm
- 7th/8th Grade—Saturdays at 5:00pm, 6:00pm or 7:00pm
- High School—Saturdays at 1:00pm, 2:00pm, 3:00pm, or 4:00pm

5. How are teams made?

- This depends on the grade level of your player.
 - Kidergarten-2nd Grade
 - As we continue our partnership with Upward Sports, a new system allows us to run the players through an evaluation process and enter each player's evaluation score into a data-base that will divide the teams equally, based on skills, to provide healthy competition.
 - 3rd/4th Grade Girls and 3rd Grade boys
 - Teams are randomly put together.
 - 4th Grade Boys, 5th/6th Grade Girls, 5th/6th Grade Boys, 7th/8th Grade and High School
 - All registered players are run through an assessment with all the coaches in attendance.
 - After the assessment, the players are dismissed, and the coaches enter "The Draft Room" and draft their teams.
 - All registered players that did not attend the assessment will be assessed by the coaches/ShepNaz Basketball personnel and ranked based on athleticism/skill level.
 - After the drafting of the players that attended the assessment is complete, the list of ranked registered players will be used in completing the draft.
 - Lastly, any player that coaches/ShepNaz Basketball personnel do not know, their names will be put "in a hat" and blindly drawn and assigned to the team with the next pick.
 - Coaches (both Head Coaches and Assistant Coaches) kids are automatically placed on that coach's team starting with the 3rd round pick...this process MAY change.

6. When should I be doing what?

- This depends on the grade level of your player.
 - Kidergarten-2nd Grade
 - Register your player and encourage others to do so as well!
 - Mark your calendar! **PLEASE BE SURE TO ATTEND ONE OF THE SESSIONS LISTED BELOW**
 - November 11th (11:00am-3:00pm)
 - (Last names A-L from 11a-1:00p and Last names M-Z from 1:00p-3:00p) or
 - November 13th (6:00pm-8:00pm)
 - (Last names A-L from 6p-7p and Last names M-Z from 7p-8p)
 - Bring your player to Shepherd Church anytime between the hours listed above to have them run through the evaluation process. We are estimating that once in the gym it should take between 15-20 minutes for a player to complete the evaluation but be prepared that it may take longer. This will also be a time to size your player for a jersey.
 - 3rd/4th Grade Girls and 3rd Grade boys
 - Register your player and encourage others to do so as well!
 - 4th Grade Boys, 5th/6th Grade Girls, 5th/6th Grade Boys, 7th/8th Grade and High School
 - Register your player and encourage others to do so as well!
 - Mark your calendar to attend the assessment!
 - November 18th
 - 4th Grade Boys—8:00am in the FLC
 - 5th/6th Grade Girls—8:00am in the CC
 - 5th/6th Grade Boys—10:00am in the FLC
 - 7th/8th Grade—10:00am in the CC
 - High School—12:00pm in the FLC
 - These times are the starting times of the assessment, please arrive 15-20 minutes early to get checked in for your assessment. This is not a registration time!

7. When should I hear from a coach?

- All players should hear from their coach no later than November 26th as practices start the week of November 27th.

➤ **NOTE! If you have not heard from your coach by Sunday, November 26th, please be sure to contact me ASAP!**

mtaylor@shepnaz.org
614-471-3368 ext 106

QUICK REFERENCE

(All practices start the week of November 27th)
(All games start Thursday, Friday or Saturday; January 4th, 5th or 6th)

Basketball

Kindergarten (co-ed)

Practice: Mondays; 6:15pm-7:15pm
Games: Saturdays; 8:00am
Ball Size: 27.5 inches
Hoop Height: 7.5'

1st/2nd Grade Girls

Practice: Tuesdays; 6:15pm-7:15pm
Games: Saturdays; 9:00am
Ball Size: 27.5 inches
Hoop Height: 8.5'

1st Grade Boys

Practice: Fridays; 6:15pm-7:15pm
Games: Saturdays; 10:00am
Ball Size: 27.5 inches
Hoop Height: 8.5'

2nd Grade Boys

Practice: Fridays; 7:15pm-8:15pm
Games: Saturdays; 11:00am
Ball Size: 27.5 inches
Hoop Height: 8.5'

Notes for the Upward Leagues (Kindergarten, 1st/2nd Grade Girls, 1st Grade Boys, 2nd Grade boys) both basketball and cheerleading:

- All practices and games are led by coaches
- No score is kept; no fouls are recorded
- There is a running clock; 6 periods of 5 minutes each with a short half-time
- During practices, a short devotion will be given by a Shepherd Church volunteer (**NEW** this year)
- All activities are in the Central Complex Gym
- Teams are put together using the Upward assessment/evaluation as a guide
- We do not grant ride requests or for players to be placed on a specific coach or player's team
- The last game is on February 24th

Basketball

3rd/4th Grade Girls

Practice: Mondays or Tuesdays;
7:15pm-8:15pm
Games: Saturdays; 12:00pm
Ball Size: 27.5 inches
Hoop Height: 9'

3rd Grade Boys

Practice: Thursdays;
6:15pm-7:15pm or 7:15pm-8:15pm
Games: Saturdays; 1:00pm
Ball Size: 27.5 inches
Hoop Height: 9'

Cheerleading

Kindergarten

Practice: Mondays; 6:15pm-7:15pm
Games: Saturdays; 8:00am
Cheerleader Grade: Kindergarten

1st/2nd Grade Girls

Practice: Tuesdays; 6:15pm-7:15pm
Games: Saturdays; 9:00am
Cheerleader Grade: 1st or 2nd Grade

1st Grade Boys

Practice: Fridays; 6:15pm-7:15pm
Games: Saturdays; 10:00am
Cheerleader Grade: 1st or 2nd Grade

2nd Grade Boys

Practice: Fridays; 7:15pm-8:15pm
Games: Saturdays; 11:00am
Cheerleader Grade: 1st or 2nd Grade

Cheerleading

3rd/4th Grade Girls

Practice: Mondays; 7:15pm-8:15pm
Games: Saturdays; 12:00pm
Cheerleader Grade: 3rd or 4th Grade

3rd Grade Boys

Practice: Thursdays; 6:15pm-7:15pm
Games: Saturdays; 1:00pm
Cheerleader Grade: 3rd or 4th Grade

Notes for the 3rd/4th Grade Girls and 3rd Grade Boys:

- All practices and games are led by coaches
- No score is kept; no fouls are recorded
- There is a running clock; 6 periods of 6 minutes each with a short half-time
- Practices and games are in the Central Complex Gym (new this year)
- Teams are randomly put together
- We do not grant ride requests or for players to be placed on a specific coach or player's team
- The last game is on February 24th

4th Grade Boys

Practice:

Before games start, practices are Thursdays; 6:15pm-7:15pm or 7:15pm-8:15pm

After games start, practices are Saturdays; 8:30am-9:30am or 9:30am-10:30am

Games: Thursdays; 6:15pm or 7:15pm

Ball Size: 28.5 inches

Hoop Height: 10'

5th/6th Grade Girls

Practice: Mondays; 6:15pm-7:15pm or 7:15pm-8:15pm

Games: Saturdays; 11:00am or 12:00pm

Ball Size: 28.5 inches

Hoop Height: 10'

5th/6th Grade Boys

Practice: Tuesdays; 6:15pm-7:15pm or 7:15pm-8:15pm or 8:15pm-9:15pm

Games: Fridays; 6:15pm or 7:15pm or 8:15pm

Ball Size: 28.5 inches

Hoop Height: 10'

7th/8th Grade

Practice: Mondays, Tuesdays or Thursdays; 8:15pm-9:15pm

Games: Saturdays; 5:00pm or 6:00pm or 7:00pm

Ball Size: 28.5 inches

Hoop Height: 10'

High School

Practice: Mondays, Tuesdays, Wednesdays, Thursdays, and possibly Fridays; 9:15pm 10:15pm

Games: Saturdays; 1:00pm or 2:00pm or 3:00pm or 4:00pm

Ball Size: 29.5 inches

Hoop Height: 10'

Notes for the 4th Grade Boys, 5th/6th Grade Girls, 5th/6th Grade Boys, 7th/8th Grade and High School:

- All practices are led by coaches; All games are officiated by referees
- Score is kept; Fouls are recorded
- There is a running clock; 6 periods of 6 minutes each with a short half-time; the clock is stopped the last 10 seconds of each period and the last minute of the last two periods.
- All practices and games are in the Family Life Center (FLC)
- Teams are put together using the assessment/draft process
- We do not grant ride requests or for players to be placed on a specific coach or player's team
- There is a post-season tournament; times and dates TBD