2022-23 SHEPNAZ BASKETBALL
3rd GRADE BOYS LEAGUE RULES
3rd & 4th GRADE GIRLS LEAGUE RULES

1. The 3rd grade boys' league and the 3rd and 4th girls' leagues will use a 9-foot basket.

2. The 3rd grade boys' league and the 3rd and 4th girls' leagues will use a 27.5" basketball.

3. The game will consist of six periods lasting six minutes each. The clock will be a running clock.

4. The scrimmage will be played in a "four on four" player format.

5. No substitutions should take place until the start of the next period except for injury or fatigue purposes.

6. Each player must start in at least three periods with the purpose to create balanced playing time for all players.

7. Games will not have referees. One coach from each team will be on the floor coaching and calling major violations.

8. Defense:
    *   Man-to-Man defense only
    *   No steals off the dribble are allowed; steals off the pass is allowed.
    *   The defense may pick up their man up at the half court line.
    *   The defense must pick up their man at the three-point line or equivalent area.
    *   No double-teaming or trapping defenses are permitted.

9. When the offensive team possesses the ball in the frontcourt and the ball goes out of bounds or a violation rewards the offensive team with the ball, the ball shall be taken out at the top of the key or equivalent area.

10. Each team must pass the ball at least once before a shot is attempted.

11. Double dribbling and traveling violations should be taught as a point of emphasis throughout the season. Coaches are to call all obvious violations on their own team and treat the violation as a turnover.

12. Fouls are to be called by either coach with the purpose of balancing a good flow of teaching the game with the prevention of injuries. No foul shots will be shot.

13. No timeouts shall be called. Any stoppage of play will not stop the running clock.

14. There is a 3-minute halftime.

15. There is no score kept in this league.